# SEVENTH ANNUAL REPORT

OF THE

# STATE BOARD OF HEALTH

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MASSACHUSETTS. ~

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JANUARY, 1876.

#### BOSTON:

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1876.

## 1876.] WATER-SUPPLY, DRAINAGE, ETC.

expressly to leak, and thus save the expense, labor and nuisance of frequent emptying. And it is obvious that as soon as any town obtains an abundant water-supply by aqueduct, its sewage is immensely increased (from six to ten or more times), so as to make the old method of drainage altogether inadequate to the new order of things. Yet, how many of the towns which have recently introduced water or have begun water-works, are providing any adequate system of drainage? The "water committees," or "commissioners," do not dare to tell the truth to the town, because of the great additional expense involved. They know that the necessity will become apparent in a few years after their water-supply goes into operation, and must then be met at an outlay much greater than would suffice if sewerage-works went side by side with laying of water-pipes.

In addition to the expense, there must arise the usually embarrassing question, Where shall be the outlet of the sewerage system, if it is undertaken? In the answering of this question, neighboring towns, as well as individuals, must be consulted, and vexatious and costly litigation may follow. This problem of the disposal of sewage, in which health and comfort are balanced against cost, is before many of our towns and cities to-day, and in the solution of it the smaller towns may be greatly helped by these odorless emptying machines. As was said under the head of excrement-removal, lot it be obligatory on every householder to make his cesspool as tight\* as possible, and to empty it by the new method alone, and the sanitary requirements may be met without incurring a great town debt and without wasting the sewage. Meanwhile, and also by the adoption, on suitable lots of land, of the plan of private irrigation by drain-tile, elsewhere suggested, valuable experience may be acquired to assist in solving the important question of irrigation on a large scale.

### WATER-SUPPLY.

There are three forms of water-supply: wells, cisterns, aqueducts. Of these, the first has, of course, been that in

191

<sup>•</sup> The action of frost, the jarring of the earth from various causes, and imperfections in workmanship render it impossible, practically speaking, to keep cesspools *perfectly* tight.

gèneral use in Massachusetts, as it must long continue to be in most towns not closely built up. To what forms of pollution it is exposed from privies, "sinks," cesspools, stables, etc., has been shown under a previous head. Whenever dwellings are within one hundred feet of each other, even on a level surface, there is danger that one may pollute the other's well through some one of the above-named agencies. It may quicken the reader's sense of this danger to construct a diagram of four houses, each within one hundred feet of the other three, to locate the privy, cesspool, stable, hen-house and well of each as these are ordinarily placed, and then, making another diagram, showing a vertical section of one of these wells, thirty feet deep, to study its possible action as a . drain of the neighboring surface, especially in the case of dwellings so circumstanced for many years. Such a neighborhood, however, would never be considered a close one. How is it with the wells of houses whose walls touch each other? How with those of houses situated below numbers of others on a slope?

However free a well may be from danger of drainage-pollution, it should be examined yearly in the dry season, and cleared of all droppings and settlings. Wood from curbing or pump, dirt from the sides, burrowing animals, earthworms, slugs, etc., etc., are often found rotting in the bottoms of Of course the cleaning is not thorough unless a man wells. descends, examines and remedics all defects.

Cisterns are liable to the same dangers with wells, and usually have carried into them much more fine dirt in suspension, washed away from the roofs which form their "watershed." Even when made with an effective filter-chamber. they should be examined and cleaned every summer-oftener, if their water grows distasteful. Who is not familiar with the strong smell of water from cisterns, which has been furnished him for bathing? Cisterns are also liable to be cracked or burst by pressure from within or without, in consequence of the soil around them not affording support enough; or by pressure from beneath, as the subsoil water rises. Being thus rendered leaky under pressure from without, they are occasionally entered by polluted water at times when their contents cannot leak against the external pressure. From

192

just such a cause there occurred in the autumn of 1874 an epidemic of typhoid fever in a boarding school in Burlington, New Jersey, a full report of which may be found in the "Philadelphia Medical Times" for May 29, 1875. It is interesting to note that the infecting agent in this case was the leakage into the subsoil from a privy-vault which had been strongly and carefully built only three years before.

The "overflow" of cisterns furnishes another channel of possible contagion, which should be borne in mind, as capable of admitting gases as well as fluids. It being probable that cisterns will be more and more used as substitutes for wells, where soil-contamination is on the increase, and before an aqueduct supply is secured, it is important that they should be built and maintained with intelligent care, and that their owners should not rest secure in the idea that because they no longer use well-water they are in no danger of drinking fouled water. Whatever be the source of supply, "eternal vigilance is the price," the only price, of safety.

The aqueduct, the third source of supply, is the method which all large towns must of necessity resort to, and which, apart from the question of cost, commends itself to all communities by its convenience, its abundance, and its comparative purity. In our Commonwealth it has already been adopted with more or less completeness by forty-six cities and towns, comprising 963,721 persons, or a little over onehalf of the entire population.

#### WATER-SUPPLY AND SEWERAGE.

In the following five tables are gathered certain statistics in regard to the towns thus supplied. It is probable that it is not complete as regards all the smaller towns of the State, which, having partial aqueduct supplies, have not replied to the circular of the Board. Another year will undoubtedly remedy this incompleteness, and meanwhile it is certain that we have some facts in regard to all the larger towns. It would be interesting to know how many towns are now discussing the question of a public water-supply, since it is evident that there is a general awakening to the importance as well as the convenience of it.

These tables furnish, with as much completeness as has

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[See p. 200.

	न्म		4		WATER	•	BEWERS.			
CITY OR TOWN.	Effect on he	Dwellings.	Dwellings ing water	Population.	Source of Supply and Date of Introduction.	Daily capacity in gallons.	Total length, in miles.	Where discharged.		
Boston, <sup>1</sup>	Some improvement,	-	-	841,919	Lake Cochituate, 1848; Ja- maica Pond, 1840; Mys- tic Lake, 1870; Sudbury River, 1873.	64,000,000	166	The outlets encircle the city proper.		
Cambridge, <sup>2</sup> .	Probable benefit, but no proof.	7,709	-	47,838	Fresh Pond, 1857; Spy and Little ponds, 1875.	8,000,000	40	Charles River, Alewife Br'k.		
(Charlestown,*)	Not proved to be affected.	-	-	ŧ	Mystic Pond,	-	-	Charles, Mystic and Miller's rivers.		
Chelses, <sup>4</sup>	Thought to be fa- vorable.	8,831	-	20,695	Mystic Pond,	Mystic supply, 12,000,000	17	Chelses Creek, Mystic River.		
Fall River, <sup>8</sup> .	Improved, where used.	4,610	-	45,340	Watuppa Lake,	-	-	Mt. Hope Bay, partly by way of "Fall River."		
Lawrence, .	Too recent,	4,279	-	<b>34,9</b> 07	Merrimac River,	-	-	Merrimac, Spicket and Shawshine Rivers.		
Lowell,	Good; typhoid be- lieved to be les- sened.	7,800	-	49,677	Merrimac River, through iliter-chamber, 1872-3.	2,500,000	13.4	Concord River, Merrimac River.		
Lynn,*7	Statistics show de- crease of typhoid.	5,667	3,585	82,600	Two ponds, made by dam- ming brooks on the edge of city, 1870.	1,500,000	7	Lynn Harbor.		
New Bedford,8 .	Less typhoid,	3,998	15,000 persons supplied.	25,876	Acushnet River, dammed,	Enough for four- fifths of popula- tion.	14	New Bedford Harbor, twelve outfails into deep water.		

Twelve Cities supplied by Aqueduct, having a population of 20,000 and more.

.

194

STATE BOARD

OF

HEALTH.

Salom, <sup>e</sup> .	•	Partial supply for years. No change since full supply.	8,888	-	26,968	Wenham Lake,	-	-	Harbor, North River, Mill Pond.	1876
Somerville, <sup>10</sup>	·	Very good; less ty- phoid and kindred diseases.	8,968	-	21,868	Mystic Pond,	-	14	Charles River, Mystic River.	ٺ
Springfield, <sup>u</sup>	•	Too recent,	4,977	-	81,068	Reservoir in Ludlow, .	-	-	Connecticut River.	1
Worcester,12	•	Good; less typhoid,	6,096	-	49,265	Reservoir, fed by Lynde	-	-	Blackstone River, by Mill	AT
					726,993				Divve.	'ER

Nine Cities and Towns supplied by Aqueduct. Population from 10,000 to 20,000.

<u></u>		Average daily use 1,8	29,290 g	allons.		† Used lavishly.		‡ Included in Boston.			
Chicopee, <sup>18</sup>	•	Diarrhœa when the season of low and impure supply oc- curs.	1,214	Nearly all, .	10,881	Private Co. Springs in high plateau, 1830.	Scanty and inter- mittent.	-	No sewers.		
Brockton, <sup>14</sup>	•	Unpalatable ; not used for drinking or cooking.	1,709	One-fourth of all, perhaps less.	10,578	Pumped from large brook to small reservoir in cen- tre, 1870.	8mall,	-	No sewers.		
Adams,† <sup>18</sup> .	•	Can hardly be ascer- tained, but advan- tageous.	2,002	Eight hundred families.	15,760	Mountain stream, 1865, .	-	No sewers.			

<sup>1</sup> Sewerage very unsatisfactory. \* Sewerage very unsatisfactory. " Fall River " portion, sewerage unsatisfactory.

1 Sewerage bad.

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\* Harbor portion, sewerage unsatisfactory; North River portion vile; easily remedied. <sup>11</sup> Good plan of sewerage begun upon.

<sup>10</sup> Sewerage very unsatisfactory.

<sup>13</sup> Fouls the river visibly for seven miles; discussing a system of irrigation, and rapidly improving sewerage within city. <sup>28</sup> Drains finally into Connecticut River.

<sup>13</sup> Has rapid surface-drainage into Hoosac River. <sup>34</sup> Two-thirds sewage runs on surface.

<sup>2</sup> Sewerage very unsatisfactory.

\* Sewerage very satisfactory.

<sup>4</sup> Sewerage calls for improvement.

• Merrimac portion, sewerage satisfactory; Spicket portion unsatisfactory.

Nine	Cities and	Towns supplied by	Aqueduct.	Population 10,000 to 20,000—Concluded.
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	alth.		tak.		WATER		SEWERS.			
CITY OR TOWN.	Effect on he	Dwellings.	Dwellings ing water	Population.	Source of Supply and Date of Introduction.	Daily capacity, in gallons.	Total length, in miles.	Where discharged.		
Fitchburg, <sup>1</sup> .	Too recent ; still, thought to be less sickness.	1,974	-	12,289	Reservoir fed by small stream, 1871-72.	One million, can be trebled.	-	Nashua River.		
Haverhill,*3 .	Salutary,	2,643	10,000 persons.	14,628	Three ponds, 1801; and Merrimac River, 1848. Private Co.	Capable of indefinite increase.	-	Merrimac River, Little River.		
Holyoke, <sup>s</sup> .	None observable, .	1,479	-	16,200	Deep, natural ponds, 1872; abundant and pure.	3,000,000	-	Connecticut River.		
Malden,	Decidedly good, .	1,923	-	10,843	Spot Pond, 1870,	-	-	Cesspools.		
Northampton,4.	Too recent,	1,823	-	11,108	Mountain stream, 1871,	-	-	No system.		
Pittsfield,	Generally thought to be improved.	2,052	-	12,267 114,064	Ashley Lake, 1855; Sacket Brook, 1875.	-	2	West Branch of Housatonic River.		

Ten Towns supplied by Aqueduct. Population from 5,000 to 10,000.

Attleborough,5.	No appreciable cf. fect as yet.	1,520	-	9,224	Ten Mile Brook and large well, 1874.	Maximum, 809,280	-	None.
Beverly, <sup>e</sup>	Good ; much less fever, especially typhoid.	1,399	-	7,263	Wenham Lake,	-	-	None.
(Brighton, <sup>7</sup> ) .	Too recent	997	-	н	Lake Cochituate, 1875-6, .	-	-	Natural outlet, Charles River.

196

Brookline,†*	•	Too recent,	1,006	870	6,675	Charlos River, by filtering. chamber, 1875-6.	1,500,000	8	Charles River, through Mud- dy Brook, with tide-gate.
Medford, <sup>9</sup> .	·	Considered good, .	1,374	1,100 takers.	6,627	Spot Pond, 1870,	-	-	No system. Drains into Mys- tic River.
Tatick, <sup>10</sup> .	•	No perceptible effect	1,195	-	4,419	Dug Pond,	-	-	No system.
'eabody,11		Partial supply; no typhoid among water takers.	1 <b>,3</b> 50	-	8,066		-	-	Tannerics, etc., and some dwellings, into Procter's Brook and Goldthwalte's Brook, thence into North River in Salem.
lymouth,18	•	Typhoid the rarest discase.	1 <b>,26</b> 8	-	<b>6,8</b> 70	Large natural pond, 1856,	-	A few sewers, .	Plymouth Harbor, bare at low tide.
<sup>7</sup> altham, <sup>‡13</sup>	•	Too recent,	1,317	-	<b>9,94</b> 5	Charles River, by filtering- chamber, 1874.	1,250,000	-	No system. Natural outlet into Charles River.
Vestfield,14	•	Too recent,	1,468	-	8,429	Two reservoirs, by dam- ming brook five miles distant.	-	-	No sewers.
Voburn,§15		More sickness in two	1,626	-	9,568	Wells at Horn Pond, 1878,	1,200,000	-	Natural outlet into head wa-
		years since water than in preceding two.			76,586				ters of Mystic Pond, where most of the tanneries now discharge, also some dwell- ings.
* Average	dai da	ly use, 75,000 gallons. lly use, 170,000 gallons	•	t 4	ver <b>age</b> d	aily use, in summer, 820,000 g	rallons.	‡ Average    Included	daily use, 600,000 gallons. l in Boston.
<ol> <li>Beginnin</li> <li>Has a pla</li> <li>Much ne</li> </ol>	ng ta an c ede	o execute a plan for se of sewerage, and is exe d.	werage. ecuting	<b>River already</b> it. <sup>4</sup> In 7 Se	fouled to to brooks werage sy	sight, but not to smell. <sup>9</sup> and Mill Brook. <sup>5</sup> rstem begun upon, together w	Little River Valley i Much needed. Sewe	n a bad condition. Frage under discus	See Haverhill in Report. sion.
A good a	iyst	em begun upon systen	natically	. Outlet objecti	onable to	Boston. 9	Cesspools generally	in use.	
10 Most of	the	sewage runs into Pegs	n Brool	k, thence into La	ke Cochit	uate. <sup>11</sup> See Report on Pe	eabody and Salem.	Open stream throu	igh centre, the main sewer.
<sup>12</sup> Existing	8e 7	vers have no traps, and	i their g	ases are blown t	ack by ea	ast wind at outlets. 13	Cesspools mainly us	ed.	
H Three-fo	urti	hs sewage into cesspoo	us, one-	iourta into streat	ns and po	ada. 🤐 Discussing a plat	n of sewers. Nee Ke	port on Woburn,	winchester, Mystic Pond.

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	alth		<b>'</b>	đ	WATER	•	Sewers.						
Towns.	Effect on he	Dwellings.	Dwellings ing wate Population		Source of Supply and Date of Introduction.	Daily capacity, in gallons.	Total length, in miles.	Where discharged.					
Arlington, <sup>1</sup> .	None perceptible, .	615	-	8,906	Reservoir on East Lexing- ton meadows. Brook dammed; mainly rain- fall, 1874.	-	None,						
Easthampton, <sup>2</sup> .	None noted,	586	-	8,964	Reservoir for fire depart- ment.	-	Imperfect sys- tem.	Into brook below pond.					
Everett,	Salutary,	770	-	8,651	Mystic Pond,	-	None for dwell- ings.	Upon marsh.					
Gt. Barrington, <sup>3</sup>	Very decidedly good,	839	Every one, .	4,385	Mountain stream, 1871,	-	None,	One-third into Housatonic River.					
Hopkinton, .	No definite report, .	768	-	4,503	Private supply for 100 fam- illes and two factories, from spring in centre.	-	None,	Sewage mainly on surface.					
Leominster, <sup>4</sup> .	Too recent,	924	-	5,200	Reservoir at foot of Mo- noostock Mt., 1873.	-	Two street sew- ers.	Planned to discharge into brook below mills, thence into Nashua River.					
South Hadley, .	Recent. No percep- tible effect.	502	-	8,370	From brook for South Hadley Falls.	-	None,						
Winchester, <sup>#</sup> .	Too recent. Health always very good.	554	856*	3,099	Rainfall. Reservoir in ele- vated valley dammed, 1874.	Actual, 800,000; possible, 1,600,- 000.	None,	Natural drainage into Ab- ajonna River, thence into Mystic Pond.					
W. Springfield.4	Not fairly in use yet,	680	12†	8,739 85,817	Reservoir on brook, 1875- 76.	-	Beginning, .						

1

198

Ashfield,	-	-	257	Nearly all, .	1,190	Springs. Private pipe to each house. Many yrs.	-	None,	• •	Surface and cesspools.
Concord,	Too recent,	•••	479	125	2,676	Flint's Pond, in Lincoln, 1874.	500,000	None,	•••	Surface and cesspools.
Kingston,	-	-	354	40	1,509	Forced from springs by Private Co.	-	None,	• •	Surface and cesspools.
Lincoln,	Not used, .		147	Very few, .	834	Filnt's Pond, 1875,	-	None,	• •	Surface and cesspools.
Stockbridge, .	Typhoid once mon; now rare.	com. very	451	17	2,089	Private Co. From springs in East Mountain.	-	None,	• •	Three-fourths on surface.
W. Brookfield,.	-	-	845	Nearly all, .	1,903 10,261	Three private companies, 1865. Reservoirs dug in hills, 1870. Two by lead pipe; one by block tin.	-	None,	•••	Surface and cesspools.

#### Six Towns supplied by Aqueduct. Population less than 3,000.

• Also fifty-five stables, factories, etc.

† Also the public buildings.

<sup>1</sup> Sewage mainly into cesspools. Gas factory into Mill Broo	k, thence into Mystic Pond. Sewerage under consideratio	n,
<sup>8</sup> One-third on surface, one-third into cesspools.	<sup>4</sup> Sewerage under discussion.	
See Woburn, Winchester, Mystic Pond.	Considering sewerage and introducing water.	<sup>7</sup> Sewerage much needed.

#### Cities supplied by Aqueduct. Population.

Class I.,	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•			•		726,998
<u> </u>	•	•	•	•	•	•	•	•	•	•	•	٠	•	•	•	•	•	•	•	•	•	•	•	•	114,064
ш.,	•	•	•	•	•	٠	•	٠	٠	•	٠	•	•	•	•	•	•	•	•	•	•	•	•	•	76,586 > 963,721
IV.,	•	٠	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	35,817
۷.,	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	٠	10,201 )

199

been practicable, certain statistics with regard to each of these towns; viz., the effect of its aqueduct-supply on the general health of its population, the whole number of dwellings, the number of dwellings (sometimes of families) using the water, the population of the town, the source of watersupply and date of introduction, the daily capacity (in United States gallons) of this supply, and, as most closely connected with the free use of water, a few important facts concerning the sewerage of the town; viz., the length (in miles) of its sewers, the place of their final discharge or outfall, and finally brief memoranda indicating the present state of the sewerage question in the town.

For the purpose of facilitating comparison between these towns, they have been arranged in five groups, according to population, giving of those with a population of 20,000 and upwards, 12; from 10,000 to 20,000, 9; from 5,000 to 10,000, 10; from 3,000 to 5,000, 9; less than 3,000, 6.

In proportion as the advantages of aqueducts are appreciated, the importance of preserving our streams and ponds from pollution will be more strongly felt, inasmuch as, with a single exception, to be hereafter mentioned, they afford the only sources for aqueduct-supply. It is to be hoped that the people will be aroused to a jealous care for their preservation before it is too late.

Twenty cities and towns now depend on streams, 16 on great ponds, 7 on springs, 2 towns on "gathering-grounds," and 1 town on ponds and springs.

It is of course understood that all these sources resolve themselves at last into the rainfall, being so many different forms of its reappearance on (or very near) the surface of the ground. Rivers are the open drains; ponds the storage reservoirs; springs smaller forms of the same, fed by a miniature water-shed, sometimes hard by, sometimes farther away, and carried awhile by an underground channel, to reappear as "a spring," or perhaps to be tapped by a well. River or rill, lake or spring, on the surface or subterranean, they are all modifications of this same rainfall, subject to filtration or to pollution from the strata over or through which it finds its way to its natural drains or reservoirs. No person of ordinary intelligence now hopes to secure a water-supply from