

# Settlement Bulletin



VOL. II.

JULY, 1908.

NO. 5.

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# Settlement Bulletin

ISSUED NINE TIMES A YEAR IN THE INTEREST OF THE SOCIAL SETTLEMENT

Vol. II.

ROCHESTER, N. Y., JULY, 1908.

No. 5.



VACATION HOME

"And we go-go-go away from here!  
On the other side the world we've over-  
due!"

"Send the road is clear before you  
When the old Spring-fret comes o'er you,  
And the Red Goby call for you!"

You must go where the fields are silver-green, with dark cool shade on the edge of them, and where patches of daisy-white are on every hill-side; where little puffs of cloud up in the clear radiant sky whisk their shadows below over fields and hill-sides; where the air is sweet with clover and hay, and the wind brings a breath from the shady places to cool you in the sun-light. You must *trick*, wander, migrate where men are not anxiously scheming and working and bargaining,

but contentedly laying their plans to catch the lazy trout or paddling miles along a shady stream or compassing the country round with long leisurely walks. You must go where there is no smoke but the smoke of the camp-fire or what goes up the farm-house chimney when a good dinner is cooking. You must go where there is no noise but your own shouting and the foolish clatter of the chickens or the ripple that comes from the wild birds in the woods. The sun will burn your face and the wind will cool it again, and you will find yourself surprisingly noisy. For some it is a visit to the sea-shore—this pilgrimage we must all make when the year has turned to its time of warmth and greenness. For others it is a voyage on the sea itself, and for still others a

canoe trip among the lakes and woods. But for many hot, city-tired people, worn out with the work or school-work of all winter long, it is a week's visit to a certain comfortable farm-house near Pittsford, and that is a pretty good sort of pilgrimage let me tell you.

The fields and woods and brooks and daisies are all there and all very beautiful and the children make the very best use of them. They reeter among the rocks in the brook, hunting the wild crawfish, and they always fall in at least twice a day. They pick so many daisies that they could make counterpanes of them if they knew how, which they don't. Over in the woods you can get splendid tall ferns, and they dig these up with tableknives and carry

Continued on page 4



# Settlement Bulletin

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of the Social Settlement of

ROCHESTER, NEW YORK

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## TELEPHONES.

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Vol. II, July, 1908. No. 5.

## Editorial

It is hard to know how we could all drag out the long summer months if it were not for the vacation schools. The one at the Andrews School makes a bright spot in every day for people of all ages and sizes. It is not just the pleasant, not too laborious, work that is done only, but it's the little jaunts that are taken across country, when all the good things of summer are made more familiar, that are such a joy to everyone.

The Settlement vacation school has its jaunts to the parks and other places every Friday, too. In fact, the kindergarten children have some kind of an outdoor party every day. And learning useful things indoors is almost as much fun. They have taken up sewing, embroidery, crocheting, garment-making, weaving and house-keeping. The older girls—that is those from eight to fifteen are enjoying it especially. They come from half past nine to half past eleven—not long enough to make one forget that it is vacation and thing one is really working again. It is so nice to have something to do when it's hot, as long as one doesn't work too hard.

The neighborhood is very lucky in gaining the services of Dr. Whittle at the Settlement dispensary, in addition to those of Dr. Bach and Dr. Burkman. Dr. Whittle has made a specialty of children's diseases and his success in dealing with them, as well as in gaining the confidence of his small patients is quite unusual. Dr. Whittle will be at the Settlement Monday and Wednesday mornings from ten to twelve.

A meeting of the seventh and eighth wards took place at the Social Settlement on the first of July to discuss the improvement of Joseph Avenue. A committee was appointed to see to it that the street is repaved in accordance with the wishes of the citizens of the wards. It is expected that the new Meding pavement will be completed by fall.

## GOOD TIMES.

Boys always know how to have a good time, but especially when some older person helps them plan it. On June twentieth the Boy's Club had sports out at Maplewood Park. They were well organized sports and quite like a college field-day. The different contestants had numbers on their backs and started at the signal from Mr. Benjamin's pistol on the fifty-yard dash, the high jump and other tests of skill and swiftness. There were also stunt-races such as the potato race and another very funny one, a shoe race, in which everybody's shoes were put in a pile and at the signal each boy had to run and pick out his own pair, put them on, and get back to the starting point. The first prizes were blue ribbons and the second prizes pink ones. The boys had ice cream and cookies for refreshments, and displayed most remarkable appetites.

The Folk Dances, performed several weeks ago by the girls of the dancing class, were repeated on the twenty-sixth of June by request. The dances were a great success as before.

On July tenth, in place of the usual Friday excursion to the park, Mrs. Joseph Michaels gave the children a party in our big Assembly Hall. They were kindergarten size and bigger and there were about a hundred and fifty of them. They had ice cream and cake and went through quite a program. There were solos—mostly by the kindergarten—and everyone joined in the singing, dancing and marching and finally in the patriotic song and in performing the allegiance to the flag.

The Andrews School Vacation School went on an excursion after butterflies, tadpoles, beetles and other things. We didn't see them come back but we saw them start out and we trust they had a good time and a successful trip. Their special guildes were guaranteed to find beetles or pollywogs wherever a brook or a tree could be sighted. This excursion was on the tenth of July.

Continued from page 3

them in a market-basket to transplant to the front yard. But, of course, it isn't just the children that do all this, any more than it's just the children that go to a circus, because the grown-up people always have to help them and have a splendid time helping.

In the house everyone has a share in the house-work, which is great fun to do you will know if you ever visited a country home. And goodness what good things they have to eat; plain things, but you're ashamed of yourself when you get up from the table and plan to get weighed soon and try to behave better after this.

Everybody visiting there is so cordial and hospitable to callers that it is hard not to be dropping in on them all the time. The children are so cunning about it too. Two little bits of girls took one gentleman in tow, who had run out in his auto to call on them all, and proceeded to show him the sights. They explained everything to him and asked him all about himself and his own affairs.

"What shall I do with these children? I don't know what to say to babies," said the poor gentleman, quite overcome. After a while the two small things looked at each other in a worried way and one said "Can't he talk?"

"He's smoking a cigar," said the bigger one. "You mustn't talk when you're smoking. Wait till he gets through," and they waited.

But you mustn't expect to be overwhelmed quite as much as this, necessarily, when you go out there. This gentleman seems to have been particularly popular. But they'll give you a cordial welcome, never fear.

Oh it's jolly in the summer to go sailing on the sea

And it's jolly on a horse to go astride,  
But I find it most a jolly just to lie beneath a tree

And, in fancy, on the drifting clouds to ride.

For you wind among great mountains where the snow is wreathed and piled.

With one misty castle crouching near a peak.

And come sudden on an ostrich looking mighty fierce and wild.

Of a size to make the hills seem small and weak.

You can dive clean through blue ether, as the swallows do that sing

And dip and rise and soar and sing again.

But your plunge ends as you tumble, with a skimming headlong fling.

Into misty, downy depths of heaped up rain.

Oh it's jolly in the summer to go sailing on the sea.

And it's jolly on a horse to go astride,  
But most of all it's jolly—as is known twist you and me—

To go floating through the heavens far and wide.



SUMMER VISITORS AT VACATION HOUSE

### THE NIGHTS OF JUNE

(From the French of Victor Hugo.)  
 In summer, when the daylight fades, the  
 flowers yield  
 A breath of hidden blossoms, from the  
 distant field;  
 Your eyes are closed and all the sounds  
 vague murmurs seem  
 That just half-pierce the texture of thin-  
 woven dream.  
 The shadows all fall softly and the stars  
 burn bright;  
 The great dome of the heavens is tinged  
 with light;  
 The sweet, pale dawn, awaiting its hour  
 to appear,  
 Seems all night long, where sky meets  
 earth, to hover near.

The Public Health Department on the  
 sixth of July opened milk stations or dis-  
 pensaries all over the city, for use through  
 the summer months. One of these sta-

tions was established last year at the  
 Social Settlement and it has been reopened  
 this summer, under the charge of Miss  
 Meldrum, as before.

The milk stations are of great advan-  
 tage to mothers who are not sure of ob-  
 taining clean pure milk from the milk-  
 dealers whom they usually trade with.  
 The maintenance of good health and the  
 prevention of disease in a child, through-  
 out the summer months, is largely de-  
 pendent on the purity of the milk obtained  
 for the child. Children with very serious  
 disorders in the digestive tract have grad-  
 ually improved, on the better, cleaner  
 milk, and have had no recurrence of the  
 trouble during the summer.

The "baby milk" is obtained at Brailer's  
 certified milk farm in Penfield. It is first  
 "milked" into a bucket covered with a  
 fine cloth which strains the milk. The  
 trained nurse who has special charge of  
 the preparation of the "baby milk," sees  
 to the bottling and the milk is modified

or diluted and put in large or small bot-  
 tles suited to infants of various ages.  
 The bottles have previously been soaked  
 over night in a sodium solution, washed  
 twice in cold water, and sterilized in the  
 large machine in which the buckets also  
 must be sterilized. The bottles, when  
 filled, are taken to the various milk dis-  
 pensaries in the city, and the milk is given  
 to the babies directly from them, without  
 transfer to other bottles.

A great many mothers this year are  
 taking advantage of the opportunity to  
 obtain good clean milk at the Settlement.  
 Miss Meldrum, who is in charge of the  
 station, is a City Hospital graduate who  
 has had much experience in infant nurs-  
 ing, and is able to give advice and direc-  
 tions as to feeding the babies. A milk  
 station has also been established at the  
 Housekeeping Center on Davis Street,  
 and will probably be of great use to that  
 community.

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The schedule of clinics at the Settlement house through the summer will be as follows:

Wednesday 10-12 A. M.—Dr. Whittle.  
 Wednesday 10-12 A. M.—  
 Wednesday 3:30-5:30 P. M.—Dr. Bach.  
 Thursday 10-12 A. M.—Dr. Burkman.

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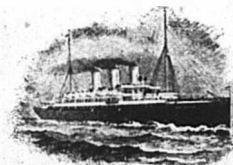
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WHO hath smelt wood-smoke at twilight?

Who hath heard the birch-log burning?

Who is quick to read the noises of the night?

Let him follow with the others,  
for the Young Men's feet are turning

To the camps of proved desire and known delight!

Let him go-go-go away from here!

On the other side the world he's overdue.

'Send your road is clear before you

When the old Spring-fret comes o'er you

And the Red Gods call for you.

—Rudyard Kipling